



## **Tap Dance 1 - Dance Instruction**

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### **“Yesh Tikvah” Dance**

Benny Friedman

(Times are according to the class video.)

#### **Intro/Transition (0:37)**

- Wave arms, keeping them straight, and bend knees

#### **Step 1: 3 Flap Heels (0:50)**

- 3 Flap Heels, Stomp Clap - both sides

#### **Step 2: Flap Heel Turn (0:58)**

- 3 Flap Heels, Stomp, Clap - turning and both sides

#### **Step 3: Flap Heel Right & Left (1:06)**

- 3 Flap Heels, Stomp, Clap - 2x, travel side to side

#### **Step 4: Three Flaps (1:13)**

- 3 Flaps, Opposite Heel, Same Heel - both sides

#### **4 Jumps (1:20)**

#### **Step 5: Step Toe Hop & Box Step (1:23)**

- Step Toe Hop (2x), March (2x)
- Toe Heel Box Step

#### **Step 6: Shuffle Combination (1:31)**

- Shuffle Step (2x), Shuffle Ball Change, Shuffle Step - both sides

#### **Step 7: Grapevine Combination (1:38)**

- Regular Grapevine, Turn it, Box it, Cramp Roll it

#### **Step 8: Toe Heel Step & Flap Heel Heel (1:46)**

- Toe Heel Step (2x) March (2x), 4 Flap Heel Heel



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### **Step 9: Dig Heel Toe Heel & Shuffle Step (1:54)**

- Dig Heel Toe Heel- Both Sides
- 4 Shuffle Hop Step

### **Step 10: Shuffle Off to Buffalos (2:02)**

- 3 Shuffle off to Buffalo, Box Step with a tap - both sides

### **4 Jumps(2:17)**

### **Step 11: Maxie Fords (2:19)**

- 4 Maxie Fords turning, Stomp - other side

### **Step 12: Soldier's Step & Shuffle Toe (2:35)**

- 2 Soldier's Step, Shuffle Toe, Shuffle Step - other side

### **Robot (2:50)**

### **Step 13: Shirley Temple (2:58)**

- Both sides

### **Step 14: Flap Heel Toe (3:05)**

- 4x, side to side

### **Repeat Step 13: Shirley Temple (3:13)**

### **Repeat Step 14: Flap Heel Toe (3:21)**

### **4 Jumps & 4 Steps Turning (3:28)**

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Repeat:

### **Step 3: Flap Heel Right & Left (3:33)**

### **Step 4: 3 Flaps (3:40)**

### **Step 5: Step Toe Hop & Box Step (3:48)**

### **Step 6: Shuffle Combination (3:55)**

### **Step 7: Grapevine Combination (4:03)**

### **Step 8: Toe Heel Step & Flap Heel Heel (4:11)**

### **Step 9: Dig Heel Toe Heel & Shuffle Step (4:19)**

### **Step 10: Shuffle Off to Buffalos (4:34)**

### **Step 11: Maxie Fords (4:50)**

### **Extra Stomp (5:05)**