



## ***Tap Dance 1 - Dance Instruction***

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### **“Apples & Honey” Dance**

Rebbetzin Tap & Friends

(Times are according to the class video.)

#### **Intro (0:46)**

- Dig Heel Toe Heel - Start with L, then R
- Two sides, 2x each

#### **Combination 1 (0:57)**

- Toe Heel Grapevine - toward L side
- Toe Heel Turn - full turn to R side
- Tap Box Step - front, L, back, lead with L foot
- 2 Cramp Rolls - lead with L foot
- Repeat 2x

#### **Combination 2 (1:19)**

- 3 Flaps, Heel, Heel - both sides, L then R
- Shuffle Steps - both sides, L then R, repeat 2x

#### **Break (1:30)**

- Step Toe Hop - both sides, L then R, March March, repeat 2x
- Tap Box Step - front, L, back, lead with L foot, repeat 2x

#### **Combination 1 (1:41)**

- Same as before

#### **Combination 2 (2:03)**

- Whole thing 2x

#### **Break (2:25)**

- Same as before

#### **Ending (2:35)**

- Shuffle Step combination (Shuffle Step, Shuffle Step, Shuffle Ball Change, Shuffle Step)
- Alternate leading with R foot, then L foot
- Repeat 9x, going faster as music gets faster