



## **Tap Dance 1 - Dance Instruction**

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### **“Taking Over My Heart” Dance**

Song by Chanale Fellig-Harrel

(Times are according to the class video.)

#### **Beginning (0:28)**

- Bouncing knees

#### **Intro Combination (0:35)**

- 3 Flap Heel (of other foot), fanning out to side + Stomp Clap
- One arm points out in direction of foot
- L side, then R, 2x each

#### **Verse Part 1 (0:49)**

- Walking Flap Heel (of same foot) 3x, Stomp Clap
- Hands on waist
- Start walking toward L side, then R, 2x each

#### **Verse Part 2 (1:04)**

- 3 Flaps + Heel (other side) Heel (same side)
- Both hands push out in direction of foot
- L side, then R, 2x each

#### **Chorus 1 (1:17)**

- A) Shuffle Hop Step x2 - L side, then R
- B) Flap Ball Change x4 full turn (each 1/4 turn to the L)
- A and B - 2x each

#### **Fill 1 (1:32)**

- Bounce and tap 8x

#### **Verse Part 1 (1:36)**

#### **Verse Part 2 (1:50)**

#### **Chorus 2 (2:04)**

- Same Steps as Chorus 1, but moving side to side



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- A) Move to L side + L turn
- B) Move to R side + R turn
- A & B - 2x

### **Fill 2 (2:33)**

- A) 8 Bounce taps, hands on heart (4 taps), then knees (4 taps)
- B) 2 Shuffle Steps, L side, then R
- Whole thing 2x

### **Fill 3 (2:47)**

- Shuffle off to Buffalo R side, 2x

### **Chorus 3 (2:50)**

- Similar to Chorus 1 & 2, but 1st and 4th in the middle, 2nd and 3rd to the side:
- A) Stay in middle + L turn
- B) Move to L side + L turn
- C) Move to R side + R turn
- D) Stay in middle + L turn

### **Intro Combination 4x (3:19)**

- Same as before - L side, then R, 2x each

### **Chorus 4 (3:33)**

- Same as Chorus 2, but only 1x each side

### **Ending (3:47)**

- Shuffle hop step 3x - L, R, L