



Tap Dance 1 - Dance Instruction

“Am Achad” Dance

Song by Ari Goldwag

(Times are according to the class video.)

Intro/Transition (1:09)

- Arm and leg out to side and back in, pointing index finger
- R side, then L
- 2x slowly, 1x quicker

Transition Shuffles (1:27)

- 3 Shuffles + Step
- R side, then L
- 2x

Punches (1:43)

- Both arms, up to down & down to up
- 12x total

Verse combination (1:49)

- A) Shuffle Hop Step - R & L
- B) Shuffle Step - R & L
- Repeat A & B

Chorus - Part 1 (2:04)

- A) Arm and leg out to side and back in, pointing index finger, R side, then L
- B) 4 steps - R, L, R, L while bringing both arms up to 2 punches in air
- C) Turn full circle L, 4 steps and clap, then same on R

Chorus - Part 2 (2:11)

- A) Arm and leg out to side and back in, cross arm to opp shoulder, R side, then L
- B) 4 steps - R, L, R, L while bringing both arms up to 2 arm gestures skyward
- C) 4 steps fwd - R, L, R, L while bringing arms skyward
- D) 4 steps back - R, L, R, L with arms punching four times in the air

Chorus - Parts 1 & 2 (2:19)

- Repeat as above



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Punches (2:35)

- 4x, up to down

Shuffle off to Buffalo combination (always goes after chorus) (2:37)

- A) 3 Shuffle off to Buffalo's to R (jump shuffle jump back)
- B) Turn around to the R in 4 steps - R, L, R, L + Clap
- Repeat A and B going toward the L side

Punches (4x) (2:52)

Verse combination (2:54)

Chorus Part 1 & 2 (2x) (3:09)

Punches (4x) (3:40)

Shuffle off to Buffalo combination (3:42)

Intro/Transition (3:58)

- Slowly, 2x each side, R, L, R, L

Transition Shuffles (4:13)

Chorus Part 1 & 2 (3x) (4:28)

Ending (5:30)

- Step fwd R, L, step back R, L, point index finger out